



Rytme og puls

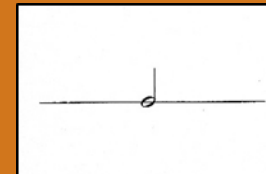
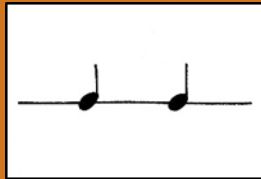
Foredrag av Ellinor Grønset

Tromsø 7.okt.2016



Oppsummering 1.trinn:

Rytmekort



Bruker ordene «GÅ», «JOGGE», «HYSJ» og «HVIIL»

Arbeidsmetode:

Lese rytmen med ord

Spille pizzicato på en streng

Etterhvert utvide med flere toner og spille med bue

Brukes ved:

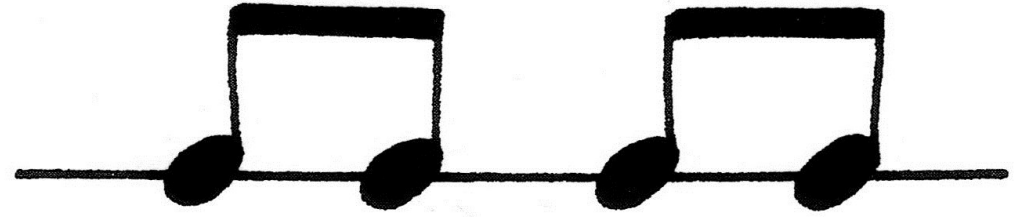
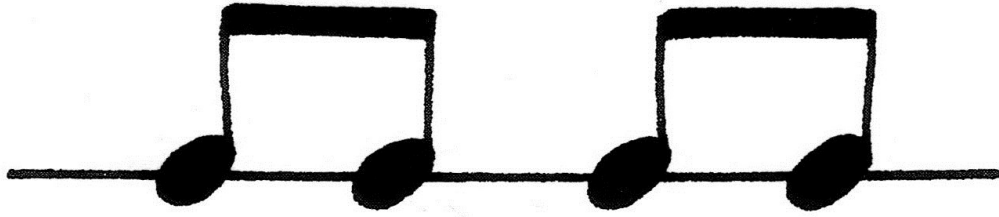
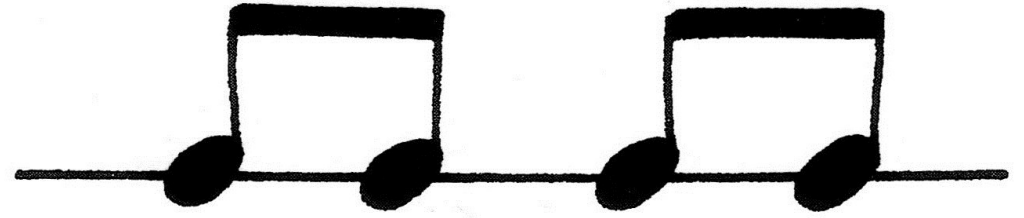
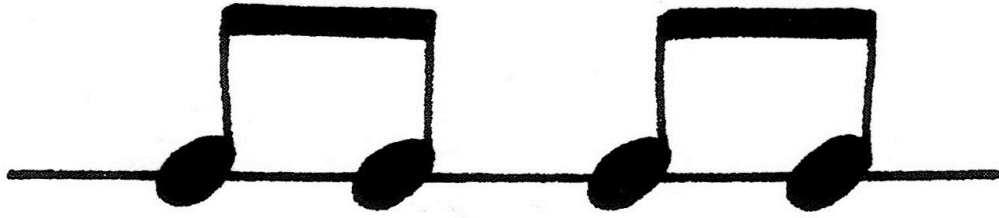
Innøving av nye stykker

(si rytmen først, evt. syng på rytme ord)

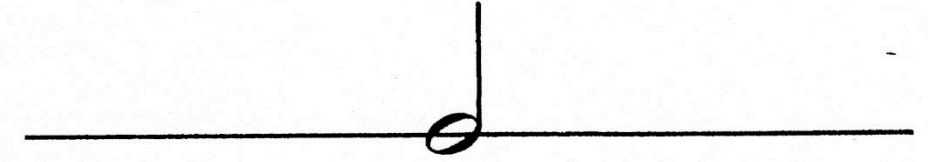
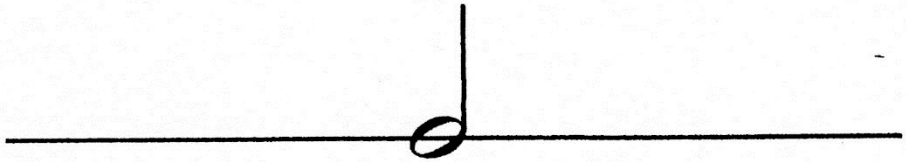
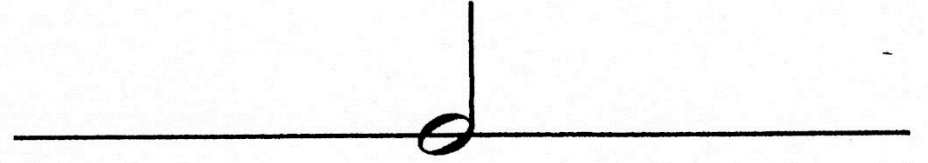
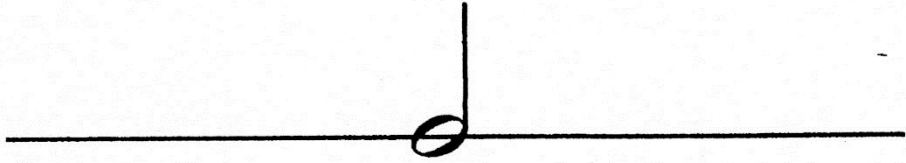
Komponering av stykker

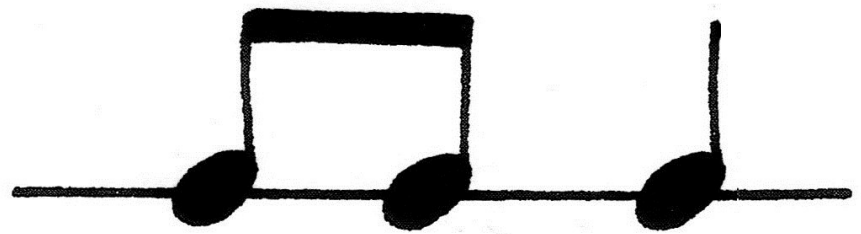
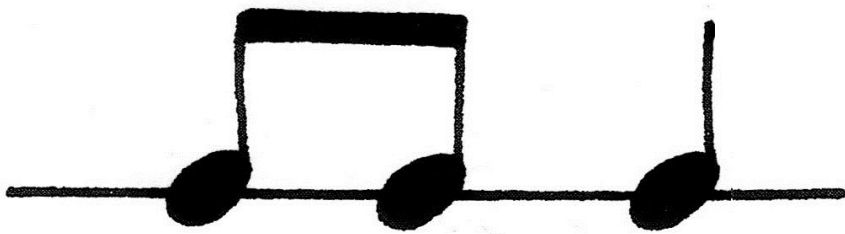
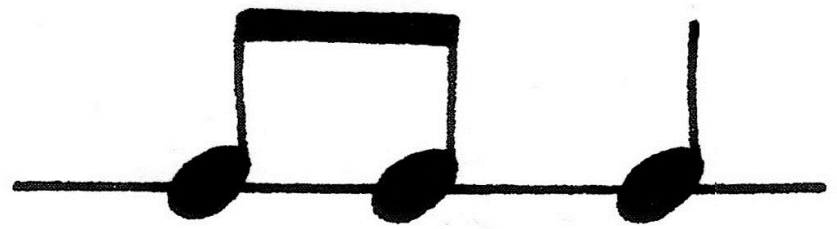
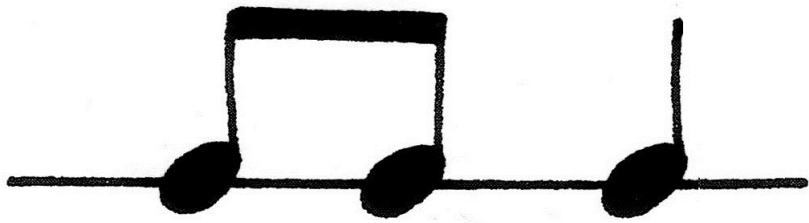


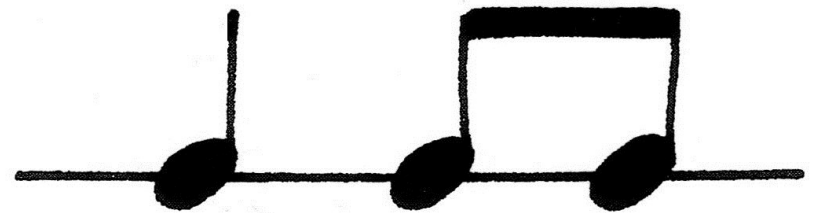
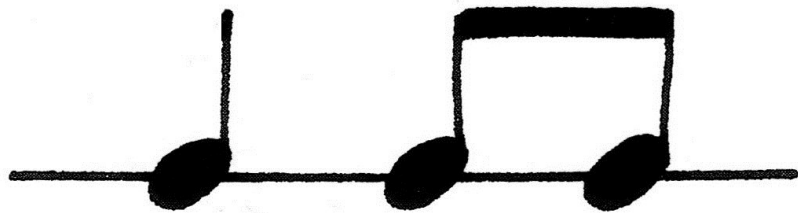
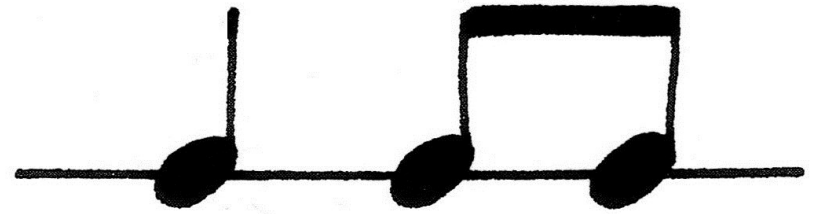
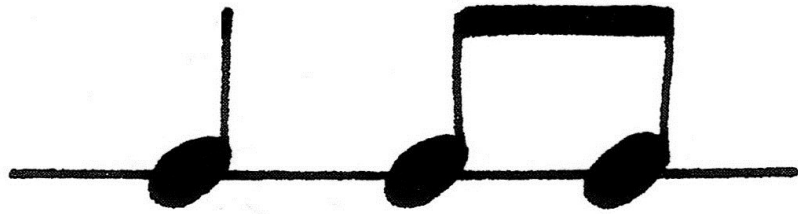














Lag en sang slik:

- Velg 4 rytmekort
- Si rytmen høyt
- Velg toner
- Spill
- Skriv opp

Lekse:

- Lag 4 sanger,
- Velg en som du spiller for meg på neste time



Oppsummering 2.trinn:

Trampe takten som et verktøy til innøving av stykker.

MÅL: Bygge opp opplevelsen av en indre puls

METODE: Markere pulsen med foten, koordinere fotens pulsslag med buens bevegelser

Innlæring:

4-del + 4-dels pause

- buen beveger seg med foten eller står stille mens foten fortsetter

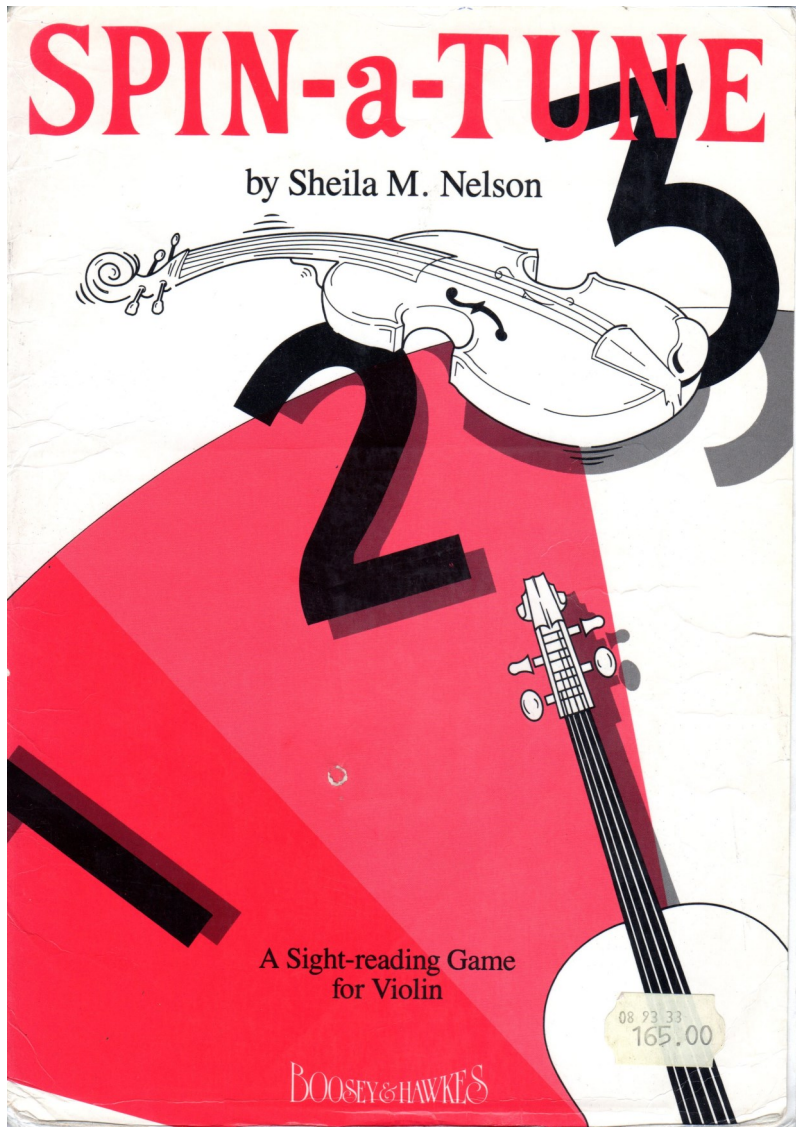
Halvnote

- buen fortsetter i samme retning mens foten markerer et nytt pulsslag

8-deler

- buen beveger seg fram og tilbake mens foten markerer ett pulsslag



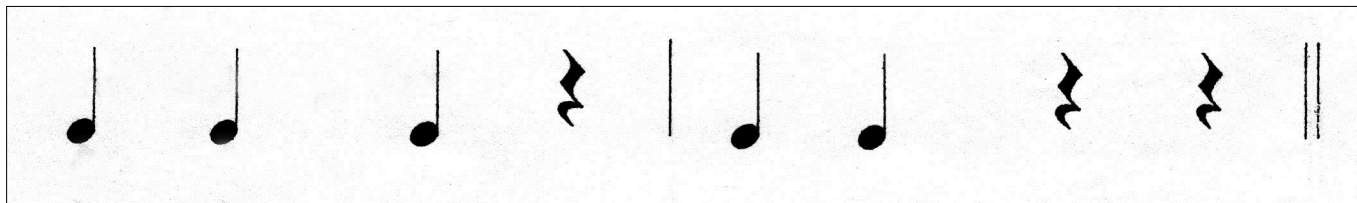


16. Bouncing

17. Big Blue Bananas

18. Bertha and Benjamin





1. Aeroplanes

A full musical score for the piece 'Aeroplanes'. It is written in treble clef with a key signature of two sharps (F# and C#) and a 4/4 time signature. The melody is marked with a dynamic of *mf* (mezzo-forte). The score consists of two staves. The first staff contains the main melody, which is primarily composed of quarter and eighth notes with stems pointing upwards. The second staff provides a simple accompaniment with a bass line of quarter notes and a treble line of quarter notes. The piece concludes with a double bar line.

7. Arthur and Annabel

The image displays a musical score for the piece '7. Arthur and Annabel'. It consists of two staves of music in treble clef, with a key signature of two sharps (F# and C#) and a 4/4 time signature. The first staff begins with a dynamic marking of *p* (piano). The second staff starts with a dynamic marking of *mp* (mezzo-piano), followed by *mf* (mezzo-forte) and *f* (forte) markings. The music features a sequence of eighth and quarter notes, with some rests and a final double bar line at the end of the second staff.





13. Auntie Aspidistra

A musical score for the piece "Auntie Aspidistra". It consists of two staves of music in treble clef, with a key signature of two sharps (F# and C#) and a 4/4 time signature. The first staff begins with a dynamic marking of *f* (forte). The second staff begins with a dynamic marking of *mp* (mezzo-piano), followed by *mf* (mezzo-forte) and *f* (forte) markings. The music features a mix of eighth and sixteenth notes, often beamed together, and rests. The piece concludes with a double bar line.

Gavotte

G.F. Händel
(1685-1759)

Allegro non troppo

Violin I *f*

Violin II *f*

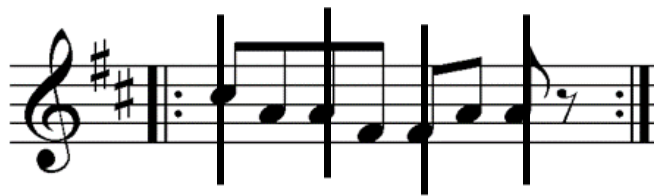
5 *p*

9 *f*

13 *p cresc.* *f*



Synkope





Lykke til!

Ellinor Grønset

